



BITS AND BYTES

**ANGLICARE RETIREMENT VILLAGES
COMPUTER CLUB INC.
NEWSLETTER - JUNE 2023**



ONLINE SHOPPING

Online shopping has grown in popularity because it is convenient and easy to order the products we need. Older adults can sometimes lack confidence, not being familiar with the technology used to shop online or issues like scams and unreliable websites. Given technology training and understanding, many older adults are very pleased they have 'converted' wholly or partly. Online shopping has made a wonderful addition to their lives.

Benefits of online shopping

Online shopping offers numerous benefits for older people, including convenience, access to a wider range of products, and the ability to shop from the comfort of your own home. It allows older people to compare prices in an unhurried manner, read reviews and make informed purchasing decisions, all the while avoiding crowded stores and heavy lifting.

How many older people are using online shopping & what products are they purchasing?

Research is showing, 75% of people aged 65 & over have made online purchases in the past year. The most commonly purchased items by older people online include clothing, health & beauty products, electronics

and groceries. Even if you enjoy personal shopping, perhaps learning how to online shop is a good idea, so if and when there are mobility issues, a shopping change will not become a major issue and you can retain some of your independence.

How SAFE is ONLINE SHOPPING for an older person?

Online shopping can be safe for older people if they take the necessary precautions. It is important to use **reputable websites**, ([Woollies](#), [Coles](#), [David Jones](#), [Bunnings](#), [Office Works](#), [Myers](#) etc) ensuring the website is secure (**look for 'https' in the URL**) and avoid clicking on suspicious links or pop-ups! Keep your computer security software up-to -date & use strong, unique passwords for each online account. *Never use the same password for different accounts.* Always use a credit card (Visa/Mastercard). It offers more protection against fraudulent transactions.

What does the future hold for online shopping & older people?

As our population ages, there is a growing demand for accessible & convenient shopping options. Retailers are recognising this and are investing in making their online stores more user-friendly to the needs of older customers with **voice activated assistants & virtual reality.**

What do others say about their online shopping?

'I love online shopping. It's so much easier than going to the store and I can find everything I need.'

'Online shopping has been a lifesaver for me. I have trouble getting around. So being able to order everything online and have it delivered to my doorstep is amazing.'

'I was hesitant to try online shopping at first, but now I'm hooked. It's so convenient and I love being able to read reviews and compare prices before I buy.'

'I have found that online shopping has actually saved me money. I'm able to find better deals and I'm not tempted by impulse purchases like I am in stores.'

'I was nervous about the safety of online shopping, but I've had no issues. As long as you are careful and use reputable websites, it's perfectly safe.'

WHAT CAN OUR TECH MATES DO FOR YOU?

- Organise an email address
- Help you use the internet
- Help you with online shopping** 😊
- Help you with emails
- Help with concerns about on-line safety
- Establish a **MY GOV acct**
- Connect Medicare** to My Gov account
- Help with **online form filling**
- Help with smartphone , messaging, photos.

Phone and book 1 hr help

8853 1810

DO YOU HAVE A MY-GOV ACCOUNT?

Your **MY-GOV Account** is your **link to Government Benefits- Medical Benefits, Centre Link, Vet Affairs & Aged Care.**

This is **your private POST-BOX** with the Fed. Government. With the increasing number of Aged Care benefits linked to technology communication, we **strongly recommend** every Anglicare resident *who is On-line, opens a MY-GOV Account.* Medicare payments can be linked to your My Gov account. For assistance.....

Phone 88531810



Activity 14 of 15 Compare prices

Go to the Coles website. Look up the price of 2L milk. Now go to the Woolworths website and look up the price for 2L milk. Which is cheapest?



Check other supermarket websites for their milk price. Compare the prices of other common groceries too.

Learn more good things you can do online
learning.goodthingsfoundation.org.au



YEARLY MEMBERSHIP
MEMBERS ARE ASKED TO
PLEASE PAY FEES DURING
JULY/AUGUST

Membership Fees have changed. A Committee decision of \$5 increase, due to increasing costs for Club.

Yearly \$25

For new members

Joining Fee + \$15

*** USING YOUR DIGITAL DEVICE**

Pay by EFT— (anytime!)

Electronic Funds Transfer from your bank account.

To WESTPAC Bank

ARV Computer Club

BSB 032173

A/c # 348618

Please Reference:

YOUR FULL NAME & fees 23/24

OR

*** AT THE BRADFORD ROOMS**

(Tues 9-12 or Thurs 9-12)

Pay by Visa, Mastercard OR Your Bankcard No Cash payments

(Please speak with us if you have difficulty paying electronically)

Once paid YOU WILL RECEIVE AN ENVELOPE with card in your resident letterbox. **This is your receipt for membership subscription.**

Many thanks to all our members for cooperation with payment procedures at this busy time of the year.

OUR RECOMMENDED TALK
THE WIDOW SPY

A firsthand account of a true **COLD WAR spy operation** in Moscow in the mid **1970s and 80s**, told by CIA officer, Martha Peterson (now 70+) who lived the experience. If you love spy books and stories, this is a **MUST!** 1hr 27mins



<https://www.youtube.com/watch?v=grYrzhCF3b0&t=68s>



AT THE CLUB ROOMS

Purchasing at the Computer Club you don't need cash although still acceptable!

Visa or Mastercard.

Batteries: Sizes AAA, AA, C, D and 9v.

Rubber tipped Stylus pens: **\$2.00**

Use with smartphones and tablets.

Excellent if you have difficulty sending texts on your mobile phone because fingers are challenged with arthritis or other reasons.

Greeting Cards with envelopes **\$1.00**

Magnifiers: (Perfect credit card size to read details on purchases in Supermarkets.)

Talk to Us Before You Buy!

We have found many residents who buy a tablet, ipad or mobile are often encouraged to also purchase a number of add-ons! When they start to operate their new device, major issues may occur!

At the Computer Club rooms, we often have to assist members to rectify new device issues. Most of these, could have been avoided if assistance had been sought before purchase.

Do come see us before you buy



Mowll - Judith Burn, Elizabeth Johnson, Clare Budge
Warrina - Joyce Bugden

VILLAGE REPRESENTATIVES

Mowll

Neil Davidson (President)
Trevor Arnett (Village Rep)
Geoff Litchfield (Membership)

Warrina

Lynton Bradford (Vice President)
Clare Hamilton (Village Rep)
Rod Roberts (Welfare)
Chris Keay (Village Rep)

Nuffield

Elizabeth Pedersen (Treasurer)
John Gaffey (Genealogy)

Hopetoun

Jeanette Westley (Village Rep)

Glenhaven Green

Jan Andrews (Village Rep)

Bradford Rooms

Ground Floor, Lober House.

Phone 8853-1810

e-mail: computer.club@anglicare.org.au

Visit us on our website: arvrcc.org

The Club is OPEN -

Tuesdays 9.00-12.00 noon

Thursdays 9.00-12.00 noon

For technical help please phone for an Appointment

For sales of
cards, badges
& other items
just come in.



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